

SMALL GROUP STUDY GUIDE

This study guide is meant to be used as a simple, three-step tool to help your small group dive deeper into God's Word, nurture conversation, and draw your group nearer to Christ. As a leader, begin your group in prayer by asking the Holy Spirit to lead your discussion.



Watch Giving Up Graham with your small group and allow time for reflection and observation after the film is finished.

STEP 1



Read Philippians 4:4-7 out loud with your group and allow time for reflection and observation of the passage of Scripture.

STEP 2



- 1. Both the film and passage tackle the subject of anxiety. How do you struggle with anxiety? What are you anxious about right now?
- 2. Verse 6 commands us to pray with thanksgiving. How does a thankful heart combat anxiety?
- 3. Like Lore, we often pray for circumstantial change, but the promise God gives us instead in verse 7 is "the peace of God, which surpasses understanding". Why is that much better?
- 4. How does Jesus' finished work on the cross give us peace in difficult times? Spend time as a group thanking Him.

STEP 3





